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Diplomate-American Board of Dental Sleep Medicine
Dental Center for Sleep Apnea & Snoring

Something to **SMILE** about...
a good night's **SLEEP**

Referral For Oral Appliance Therapy

Patient: _____ DOB: _____
Address: _____ HT: _____ WT: _____

Sleep Study Date: _____
Telephone: Home _____ AHI: _____ RDI: _____
Cell: _____ CPAP Pressure: _____

_____ Please provide copy of baseline sleep study, clinic notes prior to sleep study, (why study needed), and this signed referral form.

Diagnosis (please check)

_____ Obstructive sleep apnea _____ Periodic limb movement disorder
_____ Upper airway resistance syndrome _____ Restless leg syndrome
_____ Narcolepsy

Treatment Orders (please check)

_____ Mandibular Advancement Device for treatment of OSA
_____ Mandibular Advancement Device to be used in combination with CPAP
_____ Positional Therapy (positional cushion to prevent supine sleep)
_____ Other

Medical Justification (Patient has tried CPAP and has not tolerated and/or complied with treatment of the following reasons):

_____ Unable to tolerate mask/straps
_____ Unable to tolerate effective CPAP pressure
_____ Skin Sensitivity
_____ Claustrophobia

Due to the history and diagnosis noted above, I am recommending oral appliance therapy for the treatment of this patient. I, the undersigned, certify the procedure prescribed above is medically necessary for the treatment of this sleep disorder.

Referring Physician: _____ Phone: _____ NPI: _____

Signature: _____ Date: _____

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Please call to schedule an appointment